

# EVALUATION FORM OF SPIRIT OF KINGSTANDING SMALLGRANTS

## 1. ORGANISATION INFORMATION

**Name of your Group:** Sustainable Life  
**Main Contact:** Stephanie Adelaar  
**Position in Group:** Vice Chair  
**Address:** 12 Ivybridge Grove, Birmingham  
**Post Code:** B42 1RL  
**E-mail Address:** s.adelaar@suslife.uk  
**Main Telephone:** 07576222001  
**Date:** 11/8/17

## 2. PROJECT TITLE

**Project Title:** Kingstanding Ramblers  
**Project Summary:** A series of walks around Kingstanding that teach new skills and promote an appreciation for our green spaces and the outdoors. This included 4 foraging walks, 4 tree identification walks and 2 family friendly nature walks with a nature spotting game. These walks were offered for free.

## 3. HOW MANY PEOPLE WERE INVOLVED IN THE DELIVERY OF THE PROJECT?

We had a total of 3 course leaders to complete this project.

## 4. HOW MANY BENEFICIARIES DID YOUR PROJECT REACH?

21 Different/unique beneficiaries attended our walks. 13 of these attended multiple walks throughout the project.

## 5. HOW WAS THE GRANT BROKEN DOWN AND SPENT?

4 x £75 course leader fees to A. Bale – Tree Identification Walks  
4 x £75 course leader fees to S. Adelaar – Foraging Walks  
2 x £50 course leader fees to Z. Mckell – Nature Bingo Walks

## **6. WHAT IS THE LEGACY THAT HAS BEEN LEFT BEHIND?**

13 of the participants are continuing to engage in similar projects in the area including walks, foraging, and community workshops. Several of the participants were disabled including one participant that requires the use of a mobility scooter who now attends every single walk we carry out possible and is learning many local plants and uses of these eagerly. Most participants were surprised to learn that so many useful and edible things could be found in an area like Kingstanding and some were introduced to parks and local green spaces they hadn't seen before.

Project Reach Map:

<http://sustainablelifebirmingham.co.uk/index.php/map/>

(Blue Markers)